

DID YOU KNOW? FLU SEASON ISN'T OVER YET.¹



**IT'S NOT TOO LATE
TO HELP PROTECT
YOURSELF
AND YOUR FAMILY
FROM THE FLU.**

The Centers for Disease Control and Prevention recommends that everyone 6 months of age and older, with rare exception, receive an influenza vaccination.² So if you haven't gotten your flu shot, here's why you should do it right away.



**HELP PROTECT YOURSELF
THROUGH THE
END OF THE FLU SEASON.**

The flu is unpredictable. It can begin as early as October and happen as late as May. Because flu usually peaks between December and February, if you haven't gotten your flu shot yet, you're still at risk.³

**IT'S TWICE AS
IMPORTANT
FOR CHILDREN**



Children between 6 months and 8 years of age getting a flu vaccine for the first time need 2 doses.⁴ That means getting only 1 dose can leave them unprotected. Remember, children not fully vaccinated have a higher risk of hospitalization and even death.⁵

**HAVEN'T GOTTEN
YOUR FLU SHOT YET?**

Talk to your health care professional today to see why it's not too late to help protect yourself and your loved ones.



**GET IT
TODAY**

References: 1. Influenza (flu). What you should know for the 2015-2016 influenza season. Centers for Disease Control and Prevention (CDC) website. <http://www.cdc.gov/flu/about/season/flu-season-2015-2016.htm>. Accessed September 21, 2015. 2. Influenza (flu). Vaccination: who should do it, who should not and who should take precautions. CDC website. <http://www.cdc.gov/flu/protect/whoshouldvax.htm>. Accessed September 21, 2015. 3. Influenza (flu). The flu season. CDC website. <http://www.cdc.gov/flu/about/season/flu-season.htm>. Accessed September 28, 2015. 4. Singleton JA. Vaccine coverage, 2012-2013. In: ACIP summary report, October 23-24, 2013. Atlanta, Georgia. <http://www.cdc.gov/vaccines/acip/meetings/downloads/min-archive/min-oct13.pdf>. Accessed June 30, 2015. 5. Wong KK, Jain S, Blanton L, et al. Influenza-associated pediatric deaths in the United States, 2004-2012. *Pediatrics*. 2013;132:796-804.

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FLUency

Share the facts. Not the flu.